

Complete if known:
DWC Claim #
Carrier Claim #

Request to Get Reimbursed for Travel Costs

Injured Employee: Fill out Sections A-C and send it to the insurance carrier. If you need a fax number for the insurance carrier, call us at (800) 252-7031. See page 2 for details.

A. Information about Injured Employee, Employer, and Insurance Carrier		
1. Employee Name (First, Middle, Last)	2. Date of Injury (mm/dd/yyyy)	
3. Employee Mailing Address (Street or PO Box, City, State, ZIP Code)	4. Social Security Number (last 4 digits only) xxx-xx-	
5. Employer (at time of injury)	6. Employee Phone Number	
7. Insurance Carrier Name	8. Insurance Carrier Fax #	

B. Information about Travel

Date	Travel From (street address)	Travel To (health care provider's name and street address)	Miles Driven (round trip)

To estimate amount: total miles X state mileage rate = amount reimbursed Go to https://fmx.cpa.state.tx.us/fm/travel/travelrates.php for the state mileage rate or call us at (800) 252-7031.

10. Overnight stays and meals. Send receipts for these costs.			
Date	Location	Meals*	Hotel/Lodging*
		\$	\$
		\$	\$
		\$	\$
		\$	\$

^{*} The amount reimbursed cannot be more than the rates for state employees. To get those rates, go to <a href="https://fmx.cpa.state.tx.us/fm/travel/t

C. Injured Employee's Stat	ement
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I certify the above information is correct and is for travel for treatment or an exam for	my work-related injury.
11. Sign here:	12. Date:

Bar Code
Bar Code

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Insurance Carrier: You must provide a plain language explanation of any partial payment or denial under 28 Texas Administrative Code (TAC) §134.110(f). You may complete Section D or use your own form and send a copy to the injured employee.

D. Insurance Carrier's Response to Injured Employee's Request to Get Reimbursed for Travel Costs

13. Response	14. Reason		
Requested amount is:			
☐ Approved			
☐ Denied			
☐ Partially Denied			
15. Adjuster Name:		16. License Number:	17. Date:

Injured Employee: If your request was denied or partially denied, you may appeal by asking for a benefit review conference. Call (800) 252-7031 or go to www.tdi.texas.gov/forms/dwc/dwc045brc.pdf to complete DWC Form-045.

Things to Know

If you have a work-related injury, you can get reimbursed for travel costs for some medical treatments or exams more than 30 miles one way if:

- Medical treatment is not reasonably available within 30 miles of where you live; or
- Required medical exams, designated doctor exams, and post-designated doctor treating or referral exams are more than 30 miles one way.

Mileage: If you travel from your home or work place to the health care provider's office, you can get reimbursed for mileage using the shortest reasonable route. Some things to know:

- If you left from a place other than your home or work place, mileage will be based on the distance from the health care provider's office to your home, work place, or actual point of departure, whichever is closest.
- The amount reimbursed will be based on the travel rate for state employees. To get those rates, go to https://fmx.cpa.state.tx.us/fm/travel/travelrates.php or call us at (800) 252-7031.

Hotel and meals: If your travel reasonably includes an overnight stay, you can get reimbursed for the cost of a hotel or other lodging and meals related to your trip. Some things to know:

- You must send a copy of receipts for an overnight stay and your meals with this form.
- The amount reimbursed cannot be more than the rates for state employees. Those rates are posted at https://fmx.cpa.state.tx.us/fm/travel/travel/rates.php or call us at (800) 252-7031.

How to file this form: Complete and sign the form. Send it to the insurance carrier within 1 year of when you incurred (charged) these costs. Keep a copy of the completed form and receipts. If you need help, call us at (800) 252-7031.

What happens next: Within 45 days of getting your form, the insurance carrier must reimburse your request for travel costs or deny your request by sending you a letter explaining why it won't pay for the travel.

You can ask for a benefit review conference if the insurance carrier won't reimburse all or part of your travel costs. At the conference, someone from the Division of Workers' Compensation will listen to you and the insurance carrier and try to help you reach an agreement. An injured employee who is not represented by an attorney may also receive assistance by contacting the Office of Injured Employee Counsel at (866) 393-6432.

More information: See 28 TAC §134.110 about reimbursement of travel expenses; Labor Code §408.004(c)(2) and 28 TAC §126.6(l) about required medical exams; Labor Code §408.0041(h)(2) and 28 TAC §126.17(c) about post-designated doctor treating or referral doctor exams.

Note: With few exceptions, upon your request, you are entitled to be informed about the information TDI-DWC collects about you; get and review the information (Government Code, §§552.021 and 552.023); and have TDI-DWC correct information that is incorrect (Government Code, §559.004). For more information, contact agencycounsel@tdi.texas.gov or you may refer to the Corrections Procedure section at www.tdi.texas.gov.

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